

October 27, 2024

**MileSplit KS**



## KS Middle School State Cross Country Championships



Kansas MileSplit will be hosting the 8th Annual Kansas MileSplit Middle School State Cross Country Championships on Sunday, October 27, 2024, in Emporia, KS at Jones Park. All 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade athletes from across Kansas will be eligible to participate in their respective 2 mile race. There will be four middle school races with the 6<sup>th</sup> & 7<sup>th</sup> grade girls and the 6<sup>th</sup> & 7<sup>th</sup> grade boys running together. The \$20 entry fee will be paid at the meet.



Meet Entry Link

There will be an open race of 2K for athletes born from 2016-2018. There will also be open 2 mile races for athletes born from 2010-2015 in conjunction with the 6<sup>th</sup> & 7<sup>th</sup> and 8<sup>th</sup> grade races. Registration for the KS Middle School State Meet will be done by using [this entry link](#). Registration ends Friday, October 25th at 8:00pm. Registration for the open races will be done at the meet site.

### RACE SCHEDULE

2:30pm - 6<sup>th</sup> & 7<sup>th</sup> Grade Girls with  
11-12 Girls (2 mile).  
3:00pm - 6<sup>th</sup> & 7<sup>th</sup> Grade Boys with  
11-12 Boys (2 mile).  
3:30pm - 8th Grade Girls with  
13-14 Girls (2 mile).  
4:00pm - 8th Grade Boys with  
13-14 Boys (2 mile).  
4:45pm - Open race for youth  
ages 6-8 (2K).  
5:05pm - Open race for youth  
ages 9-10 (2 miles).

★ Teams may be comprised of any  
5-7 individuals in the same race  
from the State of Kansas.

★ Individual awards to the top 20  
runners in each race.

**Races begin at 2:30pm!**

**See you at the race.**

### MEET DIRECTOR:

Coach David Ramsey  
(913) 489-9821 (Please no texts)  
runfasterinhs@yahoo.com



Area Race Schedule